Developmental Milestones

How your child plays, learns, speaks, acts, and moves offers important clues about your child's development. Developmental milestones are things most children can do by a certain age.

2 MONTHS

Check the milestones your child has reached by the end of 2 months. Take this with you and talk with your child's doctor at every visit about the milestones your child has reached and what to expect next.

What most babies do by this age:

Social and Emotional

♦ Begins to smile at people

♦ Can briefly calm herself (may bring hands to mouth and suck on hand)

♦ Tries to look at parent

Language/Communication

♦ Coos, makes gurgling sounds

♦ Turns head toward sounds

♦ Baby raising head and chest when lying on stomach

Cognitive (learning, thinking, problem-solving)

♦ Pays attention to faces

♦ Begins to follow things with eyes and recognize people at a distance

♦ Begins to act bored (cries, fussy) if activity doesn't change

Movement/Physical Development

♦ Can hold head up and begins to push up when lying on tummy

♦ Makes smoother movements with arms and legs

Act early by talking to your child's doctor if your child:

∗ *Doesn't respond to loud sounds*

∗ *Doesn't watch things as they move*

∗ *Doesn't smile at people*

∗ *Doesn't bring hands to mouth*

∗ *Can't hold head up when pushing up when on tummy*

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